

# After Care Template Builder (Example form)

## List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home

Service / Treatment <i>Hair Colour</i>	After care steps
Step #1	<i>Avoid washing your hair for at least 48 hours: Give your hair some time to recover and allow the color to fully set. Washing your hair too soon after the treatment can strip away the color and affect the overall results.</i>
Step #2	<i>Use a colour-safe shampoo and conditioner: When you do start washing your hair again, opt for a shampoo and conditioner specifically formulated for colour-treated hair. These products help maintain the vibrancy of your highlights while keeping your hair healthy and moisturised.</i>
Step #3	<i>Minimise heat styling: Excessive heat can damage your hair, especially after a color treatment. Try to limit the use of hot tools like flat irons, curling irons, and blow dryers. If you must use heat styling tools, apply a heat protectant spray beforehand to minimise damage.</i>
Step #4	<i>Avoid chlorine and saltwater: Chlorine from swimming pools and saltwater from the ocean can be harsh on coloured hair. Before swimming, wet your hair and apply a leave-in conditioner or a protective hair serum to create a barrier against the damaging effects of chlorine or salt.</i>
Step #5	<i>Schedule regular touch-ups: Over time, your highlights may start to fade or lose their vibrancy. To keep your hair looking fresh, consider scheduling regular touch-up appointments with your stylist to maintain the desired colour and avoid any noticeable root growth.</i>

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	



# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	

# After Care Template Builder

**List a service / treatment and add 5 actions a client can take that will protect or enhance the result at home**

Service / Treatment	After care steps
Step #1	
Step #2	
Step #3	
Step #4	
Step #5	